



The Therapy Collaborative, LLC is pleased to offer:

Sustaining the Healer: Addressing Burnout and Promoting Therapist Well-being

Description of presentation: This presentation explores the rising prevalence of burnout among the therapy profession as well as an understanding of contributing factors to burnout. Developing practical strategies for maintaining resilience, professional fulfillment, and providing ethical care while facing high emotional demands will be addressed.

Upon completion, participant will be able to:

Presentation Objective #1: Participants will be able to identify key signs and symptoms of burnout and understand the factors that contribute to burnout.

Presentation Objective #2: Participants will develop a personalized plan for ongoing professional sustainability and emotional well-being.

Presenter: Tara Hagan is a Licensed Professional Clinical Counselor with supervision designation and more than 30 years of experience helping individuals navigate life's most challenging seasons. As the owner of Hagan Counseling Services and co-owner of The Therapy Collaborative, Tara is dedicated to providing compassionate, client-centered care that fosters healing, resilience, and personal growth utilizing different therapeutic modalities including CBT, DBT, and EMDR. She specializes in working with individuals experiencing grief and loss, anxiety, depression, and significant life transitions. In addition to her clinical work, Tara is passionate about mentoring and supporting fellow therapists, particularly those interested in building and sustaining successful private practices. She enjoys helping clinicians develop both their professional skills and entrepreneurial vision. Tara earned her Master's degree in Marriage and Family Counseling from Wright State University and remains committed to lifelong learning and excellence in the counseling profession.

The registration fee is \$25. Click here to [register](#). Registration closes on August 16, 2026.

When: Tuesday, September 15, 2026 3:30 pm (In Person) and September 15, 2026 at 6 pm (Virtual)

Where: The Therapy Collaborative LLC: 405 Public Square, Suite 350, Troy, OH

Continuing Education Credits Available: 1.5 NBCC credit hours.



The Therapy Collaborative, LLC has been approved by NBCC as an Approved Continuing Education Provider. ACEP No. 7906. Programs that do not qualify for NBCC credit are clearly identified. The Therapy Collaborative, LLC is solely responsible for all aspects of the program.

If you have special accommodations or questions, please contact us.

therapycollabohio@gmail.com or (937) 506.6299

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